

## Destiny is what every human being creates for oneself

**Durgapati Nepali**, 32 years, resides at Tatopani rural municipality-05 Lamra. In her house, four family members are staying after her husband's death. She is one of the simple and shy women in her community. Few years ago, she hesitated to participate at community level awareness activities and other program related to women empowerment. It is said that *"Destiny is what every human being creates for oneself"*. At the same time she heard about Action Works Nepal was going to implement a *Chhaupadi* related project through formation of women miteri group. She joined at Action Works Nepal as a group member of Parishramik Miteri Mahila Samuha. Then she actively participated in the weekly discussion program,



where the discussion topics are menstrual care, participation on local election, women empowerment, gender based violence, sexual and reproductive health rights, issues related to chhaupadi etc. She added 'During our discussion, I got opportunity to learn about different rights and women right which help me to lead for access on justice, if there is any case of any kinds of violence'. In the time of local election, she was offered a ticket and elected as a dalit member from Tatopani rural municipality ward no-05. On the end of the conservation, she said "More responsibility is added to me so I always work to eliminate Chhaupadi practice, raise the level of awareness, and help to access service." She gave thanks to Action Works Nepal for changing my life.