

Case story on Chhaupadi

Case No. 1: Pain for Self and Children: Stand against Tradition

- Sabitri Adhikari (40 years, Jumla)

I used to sleep in cowshed as the tradition suggest. Once I was sleeping in the cowshed with my two sons of 2 and 6 years. I felt uneasy and creepy in my neck and threw away without seeing anything. Then I lit the torch and saw a snake creeping on the ground. I hold my one son at back and one in front and run inside the home neglecting the tradition. It was not easy to take this decision as it is against the local culture. But for me, the life of self and my sons was more important than any tradition and culture. I was threaten that god will get angry and curse me but I was ready to face it rather than dying inside cowshed. In fact, nothing has happened to me till now.