SAAF Narrative Report

Action Works Nepal

Access to safe abortion and contraceptive services for vulnerable, marginalized and uncovered areas in the Karnali region of Nepal

WWW.SAAFUND.ORG @saafund

List of Acronyms

ANM	Axillary Nurse Midwife
AWON	Action Works Nepal
CF	Community Facilitator
FCHV	Female Community Health Volunteers
GBV	Gender Based Violence
HF	Health Facility
HFOMC	Health Facility Organization & Management Committee
HMG	Health Mothers Group
MA	Medical Abortion
МОН	Ministry of Health
RM	Rural Municipality
SBA	Skill Birth Attendance
VDC	Village Development Committee



Report Period 1 July 2021– 30 September 2021





Our biggest achievements during this period

- 3325 participants attended the meeting of health mother groups (HMG) and 156 times meeting of Health Facility Organization & Management Committee (HFOMC) held to discuss the issues of awareness raising and quality service delivery on safe abortion and contraceptive services.
- 242 participants took part in the meeting with Men Group on Women SRH rights, abortion and Family Planning
- A total 6 episodes Radio program was produced and transmitted via two local radio FM/Radio Stations along with 1080 times PSA airing
- 945 people participated in campaigning activities for awareness on SRHR focusing to the abortion rights
- Local to state level interaction program with media and key stakeholders were organized in which 21 and 24 people participated, respectively.



Our biggest achievements during this period

- 16 hoarding boards with informative messages were installed in different project locations to inform the community about legal abortion & contraceptive education
- Endline survey/study completed and, it indicates that the project indicated changes in traditional perception on abortion.
- Monitoring by district/rural municipality project advisory committee was completed in which 15 stakeholders took part
- A short video was produced by featuring the project activities and lesson learnt
- 1 day Youth Dialogue and Interaction Program for SRHR Issue accomplished in presence of 320 youths in total
- 369 members of men's groups were trained on SRHR rights, abortion and Family Planning 2 Days
- 515 door-to-door visits were undertaken by CFs



PROGRESS AGAINST PLANNED ACTIVITIES

Objective 2: Improve knowledge of accessible safe abortion and family planning care for women and girls in 6 Rural Municipality and 1 Municipality of Kalikot district to increase access to safe abortion services



Activity 2.5: Bi-monthly meeting of women's health groups & health management committees to discuss the issues of awareness raising and quality service delivery on safe abortion and contraceptive services

What did you expect to happen?

If the activity was no planned for this period, just state that.

What actually happened?

If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?

We planned to conduct bimonthly meeting of HMG, HFOMC and Male Groups to discuss on issues of service utilization, service deliver in regards to Family Planning and Safe Abortion services. **Bi**-monthly meeting of HMG with 3325 participants, HFOMC with 156participants and Male Groups with 242people were conducted in the quarter of this reporting period. The activity was conduced as planned which was post-poned due to the pandamic limitations in the previous reporting.





Please add slides as needed!

PROGRESS AGAINST PLANNED ACTIVITIES

Objective 3:

Reduce Abortion stigma by educating adolescent girls/boys and sharing knowledge on SRHR to women/men using media and campaigning in 6 Rural Municipality and 1 Municipality of Kalikot district



Activity 3.3: Production and broadcast of radio program to educate the community on abortion and Radio Public Service Announcement PSAs from local radio FMs

What did you expect to happen?

If the activity was no planned for this period, just state that.

What actually happened?

If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?

It was planned to produce 6 episodes of radio program and broadcast them and PSAs via local FM/Radio stations As planned, remaining 6 episodes of radio program was produced and broadcasted via two local radio stations including 1080 times of PSAs broadcast. The radio program is a reliable medium of communication in rural parts of Nepal and this radio program could have a great impact as it included voices of health stakeholders regarding the contemporary situation of health and public as well. The outreach of the radio program could have been thousand of local people.



9

Activity 3.4: Campaigning activities for awareness on SRHR focusing to the abortion rights

What did you expect to happen?

If the activity was no planned for this period, just state that.

It was planned to organize the day celebration (health related day i.e. sexual and reproductive health awareness day and other which are locally appropriate.

What actually happened?

If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?

On the occasion of Teej festival – a sacred festival for women, teej geet (song) competition were organized in 15 existing VDCs. In the competition, a total of 945 women participated as a part of campaigning for awareness on SRHR focusing to the abortion rights. In each of the competition, winners were selected and awarded with prizes.



Activity 3.5: Local to state level interaction program with media and key stakeholders

What did you expect to happen?

If the activity was no planned for this period, just state that.

What actually happened?

If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?

It was planned to interaction programs with local and provincial level officials/stakeholders i.e. health offices and NGOs and donors working in similar sector. Under this activity, two different programs were organized: one in Manma, Kalikot and another in Surkhet. The first program was attended by 21 local stakeholders of program such as official of District level health offices and municipality level officials. Likewise 24 participants attended the state level interaction program with media and key stakeholders. In both of the events, the project team shared the outcomes of the project and informed the stakeholders about the wrap up the project activities.





11

Please add slides as needed!

Activity 3.6: Publication and distribution of awareness materials (i.e. leaflets/pamphlets... etc) to inform the community about legal abortion & contraceptive education

What did you expect to happen?

If the activity was no planned for this period, just state that.

It was planned to prepare and install the 16 hoarding boards in different local to create awareness in communities.

What actually happened?

If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?

As per the plan, 16 hoarding boards with informative messages were designed with messages and installed in different project locations to inform the community about legal abortion & contraceptive education.





12

PROGRESS AGAINST PLANNED ACTIVITIES

Objectives: Activities related to multiple objectives





What did you expect to happen? What actually happened? If the activity was no planned for this period, just state that. If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals? The endline survey/study completed. To undertake it, AWON selected a It was planned to undertake an endline survey of the third party elevator – Gobind Pd Pant who led the entire process. To support him, he tool support of local enumerators to collect data and project to assess the changes happened as a result of finally he submitted report after addressing the inputs of project team. project intervention in Prior to this, the approval from NHRC (National Health Research Council) communities by the external was undertaken as mandatory procedure from the government. The evaluator. report will be submitted to them as well.

The results of the report are found better as compared to the baseline.







14

Please add slides as needed!

Activity 4.4: Monitoring by District/Rural Municipality Project Advisory Committee

What did you expect to happen?

If the activity was no planned for this period, just state that.

It was planned to make a monitoring visit by the district and municipality level advisory committees to observe the activities in communities.

What actually happened?

If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?

Monitoring by District/Rural Municipality Project Advisory Committee was completed in which 15 stakeholders took part. The joint monitoring visit was in Rachuli, Tilagupha Municipality where it was observed the men's and girls' training on sexual and reproductive health, and their roles in preventing child rights and empowering women in communities. During the monitoring visit was made by stakeholders i.e. Officials from Public health Office, Kalikot, Tilagupha Municipality and media on 17th September 2021. They were satisfied with results after interaction with the beneficiaries and files activities.



15

Please add slides as needed!

Activity 4.5: Evaluation of project by Social Welfare Council (SWC)

What did you expect to happen? What actually happened? If the activity was no planned for this period, just state that. If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals? This is a part of government The project team has already taken approval from SWC under the rule which is mandatory for condition of project evaluation upon completion after submitting the the developmental activities certain amount. However, SWC has to send the evolution team in the field to evaluation by the as per their rule an convenience and AWON could only manage the field government-mandated evaluation activities. Thus, we have already completed our obligations agency. This is normally to be and waiting for their decision and execution of field activities. SWC has not done after completing the initiated to under the evaluation to date. We will update sooner the task is field level activities. completed.

16

Activity (number and name as per workplan): Activity 4.7: Production of a short video documentary

What did you expect to happen? What actually happened? If the activity was no planned for this period, just state that. If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals? It was planned to capture the As mentioned the project proposal, the media consultant for the project – project activities through a Outline Media, has produced a short video by featuring the project short video for their better activities and lesson learnt. This includes background of the project, major outreach. activities undertaken, outcomes of the project and lessons learnt.

Please add slides as needed!



17

Activity 5.3: Youth Dialogue and Interaction Program for SRHR Issue-1 Days

What did you expect to happen? If the activity was no planned for this period, just state that.	What actually happened? If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How we this affect your project budget? How could this affect your project goals?
A 1 day dialogue and interaction program was designed to orient the youths on SRHR issues.	 A one-day youth dialogue and interaction program for SRHR Issue accomplished in presence of 320 youths in total in the project locations inviting the youths.
<image/>	



Activity 5.6: Training To Men Group on SRHR rights, abortion and Family Planning- 2 Days

What did you expect to happen?What actually happened?If the activity was no planned for this period, just state that.If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will
this affect your project budget? How could this affect your project goals?A two day training for men's
groups was planned on SRHR
rights, abortion and Family
PlanningA two day training. They were trained on SRHR rights, abortion and
Family Planning. They were trained by the staff and health service
professionals. At end, the participants were able to understand about the
different components of SRHR issues.





19

Please add slides as needed!

Activity (number and name as per workplan): Activity 6.2. Door-to-Door visit

 What did you expect to happen?
 What actually happened?

 If the activity was no planned for this period, just state that.
 If things did not ap as planned, what were the real

If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?

It was planned that the CFs would visit to door-to-door of the project beneficiaries regular basis to orient about the different health issues.

Safe Abortion Action Fund

During the reporting period, the CFs were able to manage 515 door-todoor visits. They were able to inform about basic health safety measures to be undertaken during the normal and pandemic time. Further, they keep informing about sexual and reproductive health and rights.



How well we think we are progressing

Please choose how you think your project is progressing:

2: Ahead of expectations $\textcircled{\odot}$

If you like, add comments on your self-assessment below:

Due to the pandemic limitations, some of the activities are not accomplished as expected. Still, we are happy that we managed to complete all the activities as planned.



International Day of Safe Abortion

• We were not able to carry out activities for the 28th of September. The local government did not allow to undertake similar nature of mass gathering.



KEY LESSONS LEARNED DURING THIS PERIOD

- Multi-actors approach (engaging women, men, youth, health workers, teacher etc. in project activities) was effective and successful to implement the project.
- Close coordination and partnership with local government helped to sustain the project activities, and engaging all stakeholders in the campaign.
- Door-to-door visits motivated women/men to share individual problems even in worst situation.
- Men's participation in the process made them responsive and accountable in family affairs
- Safety materials supported to health facility during COVID-19
- Conducted mobile health camp in remote places in coordination with local governments
- Skills of involved staffs and trained people in the project would be used in other areas i.e. CFs, staff, health workers, teacher etc.
- Equipment and logistic support can ease the functionality of governmental services at local health posts



End of Project reflection - as this is your final report to SAAF we would love to learn a little more from your experience

If we continue to work in remote areas of communities, there are more effective and supportive to local communities and government to achieve the goals and human services.

The planned activities are accomplished despite the pandemic limitations, and strong networking and support mechanism is made in local level.



End of Project reflection - as this is your final report to SAAF we would love to learn a little more from your experience

Yes, the grant supported to continue our activities in communities for the sake of humanity. We have been able to continue our network in rural areas and local governments.

Yes, obviously we will be initializing our skills and resources on abortion issues. This is our long-term goals and we will be finding also potential partners as well.



What we think of SAAF

• We are thankful to SAAF for kind support and partnership throughout the process. We are happy with the staff and communication.

• Looking forward to have another opportunities of collaboration and partnership in the future.



List of Acronyms

ANM	Axillary Nurse Midwife
AWON	Action Works Nepal
СВАО	Capacity Building & Advocacy Officer
CF	Community Facilitator
FCHV	Female Community Health Volunteers
GBV	Gender Based Violence
HF	Health Facility
HFOMC	Health Facility Organization & Management Committee
HFOMC HMG	Health Facility Organization & Management Committee Health Mothers Group
HMG	Health Mothers Group
HMG MA	Health Mothers Group Medical Abortion
HMG MA MOH	Health Mothers Group Medical Abortion Ministry of Health



Report Period January to June 2021





Our biggest achievements during this period

- Provided contraceptive service (Implant) through mobile camps in different villages to 181 service users.
- MA and Implant training provided to 6 and 4 new health workers.
- Youth dialogue and interaction program on SRHR conducted at 9 different villages, reached 231 youths.
- Awareness campaigns, advocacy events on SRHR and MA service conducted at all 7 RM's.
- Continuation of bi-monthly HMG, HFOMC and men's' group meeting reaching respectively 4931, 257 and 445 members from each.



Our biggest achievements during this period

- 1023 females of reproductive age group reached and counselled through door to door visit.
- 132 women provided with medical abortion services.
- 72.72% of females receiving MA services provided with post abortion contractive service.
- Out of total service users, 66.3% provided with short term contraception and 33.69% choose long term contraception.
- 95.18% of total contraception users were women with age more than 20 years and 4.81% ere of age less than 20 years.
- 270 students reached through SRHR class in school.



PROGRESS AGAINST PLANNED ACTIVITIES

Objective 1: Increase the skills and capacity of 15 health workers in public health posts of 6 Rural Municipality and 1 Municipality of Kalikot district provide quality safe abortion and family planning services



1.1 Support 15 ANMs in government facilitate to receive safe abortion training and certification

What did you expect to happen? If the activity was no planned for this period, just state that.	What actually happened? If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?
We planned to conduct MA training to 6 Health Workers from remaining health facilities.	



1.2 Support training on provision of contraceptives for 15 ANM's/ applicable health workers of local sub/health post

What did you expect to happen?

If the activity was no planned for this period, just state that.

What actually happened?

If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?

We planned to conduct Implant training to 4 Health Workers form the health facilities where they were remained to be trained. The training was postponed from the previous reporting period because of the lockdown and re-planned for January, 2021 and it went according to the plan. We were able to facilitate and provide them with the certification immediately after the training.

PROGRESS AGAINST PLANNED ACTIVITIES

Objective 2: Improve knowledge of accessible safe abortion and family planning care for women and girls in 6 Rural Municipality and 1 Municipality of Kalikot district to increase access to safe abortion services



2.4 Organize mobile camps for reporductive health services in selected 6 villages

What did you expect to happen? If the activity was no planned for this period, just state that.	What actually happened? If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?
Mobile camps to provide comprehensive FP/RH service at local level were planned in coordination with RM and Health Facilities.	The activity was carried out as planned in the 6 villages where FP/RH services were provided to 237 females. 181 females received implant services while the remaining females recieved services on uterine prolapse, reproductive tract infections and general RH issues.



2.5 Bi-monthly meetings of women's health groups and health management committees to discuss the issues of awareness raising and quality services delivery on safe abortion and contraceptive services

What did you expect to happen?

If the activity was no planned for this period, just state that.

What actually happened?

If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?

We planned to conduct bimonthly meeting of HMG, HFOMC and Male Groups to discuss on issues of service utilization, service deliver in regards to Family Planning and Safe Abortion services. Two bi-monthly meeting of HMG, HFOMC and Male Groups were conducted in both quarter of this reporting period, making up the total of 2 meetings respectively in each group while a single Male Groups meeting was conducted in the later quarter of this reporting period. The activity was conduced as planned.





36

Please add slides as needed!

What did you expect to happen?

If the activity was no planned for this period, just state that.

The activity was planned so that Women of Reproductive Age Groups could be reach at their home and counselled on Family Planning and Safe Abortion. The activity is intended to generate FP and MA service demand and increase service utilization through health facilities.

What actually happened?

If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?

The activity was carried out as planned. While the Covid restriction were in place and has hindered the service utilization, this activity was key in linking service users to service utilization through individual counselling. CFs did counseling with regards to Covid related precousions, sanitation and awarness activities.



PROGRESS AGAINST PLANNED ACTIVITIES

Objective 3: Reduce Abortion stigma by educating adolescent girls/boys and sharing knowledge on SRHR to women/men using media and campaigning in 6 Rural Municipality and 1 Municipality of Kalikot district



3.2 Provide SRHR education to school students (grade 8 to 10) targeting to adolescents girls/boys about comprehensive sexuality education

What did you expect to happen?

If the activity was no planned for this period, just state that.

We planned to provide comprehensive sexuality education to school students from grade 8 to 10 through the teachers trained and our community facilitators.

What actually happened?

If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?

Due to Covid-19 lockdown that led to school closure, the activity could not be carried out as planned in all 26 chools. However, at the second trimester, the classes were run at 4 schools reaching 270 students. Since the end of June the country has slowly opened but the schools have sterted re-open, we expect the classes to continue now.

3.3 Production and broadcast of radio program on abortion and Radio Public Service Announcement PSAs from local radio FMs

What actually happened?
If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How w this affect your project budget? How could this affect your project goals?
The activity was carried out according to the plan which started from the second quarter of this reporting period. All together total 26 radio programs were produced and broadcasted along with PSA's.



3.4 Campaigning activities for awareness on SRHR focusing to the abortion rights

What did you expect to happen?

If the activity was no planned for this period, just state that.

The activity was planned so that different health related day celebration would integrate the message and campaigning to aware public on SRHR and abortion rights.

What actually happened?

If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?

This activity was planned in this reporting period. Altogether 21 events were organized at different locations where key health and FP related days celebration wrere carried out. 14 events were organized in the first quarter and 7 were carried out in the last.



SAAF

Please add slides as needed!

3.5 Local to state level interaction program with media and key stakeholders

What did you expect to happen?	What actually happened?
If the activity was no planned for this period, just state that.	If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How v this affect your project budget? How could this affect your project goals?
Interaction meeting with local stakeholders at local level and state level stakeolders at state level to sensitize them about Safe Abortion and Family Planning.	The activity was planned for this period but because of the Covid-19 restrictions, we were not able to conduct the activity. We have postponed the activity for the next trimester.



3.6 Publication and distribution of awareness materials (i.e. leaflets/pamphlets...etc.) to inform the community about legal abortion & FP rights

What did you expect to happen?	What actually happened?
If the activity was no planned for this period, just state that.	If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How w this affect your project goals?
We expected to publish and distribute awareness materials related to abortion and FP rights in the project areas.	this affect your project budget? How could this affect your project goals? This activity was carried out as planned. The materials were not only distributed in the project areas but throughout the district. 7500 pieces of materials were printed and distributed throughout the district.



What did you expect to happen? If the activity was no planned for this period, just state that.	What actually happened? If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How wi
Proposal submissic to Nepal Health Research Council for authorization and approval as well as ethical clearance for the research.	this affect your project budget? How could this affect your project goals? The planned activity has been carried out where the related documents were submitted to Nepal Health Research Council and the proposal has been accepted and the ethical clearance has been given by the council.



4.3 Monitoring by project management staff and district staff (Capacity Building, Monitoring and Advocacy Officer & Finance/Program Associate)

What did you expect to happen?

If the activity was no planned for this period, just state that.

We expected to continuously the monitor Community Facilitators, provide supportive supervison to their work and to those Health Facilities the project support to ensure the project activities are carried out as planned, the health facilities providing the quality services met standard for service.

What actually happened?

If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?

This activity was carried out as planned. The Capacity Building and Advocacy Officer and Finance/Program Associate mostly carried out those activities along with the project management staff (Board Member and Admin/Finance from centre office) during this reporting period. Further planning has been done so that project management team will be able to travel for monitoring visit to district and health facilities in upcoming months..

4.4 Monitoring by District/Rural Municipality Project Advisory Committee

What actually happened?
If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How w this affect your project budget? How could this affect your project goals?
The activity was planned for this reporting period. District/RM Project Advisory Committee are not able to make their visits due to the on-going pandamic. This will be completed during the last quarter i.e. July to Sept 2021.





A review and reflection meeting among the projectA review and reflection meeting among the project staffs was conducted a the district headquarter. A brief updates from the project implemented ar	/hat did you expect to happen?	What actually happened?
meeting among the project the district headquarter. A brief updates from the project implemented ar	he activity was no planned for this period, just state that.	If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How this affect your project budget? How could this affect your project goals?
challanges and opportunities while working in the community.	meeting among the project staffs to share their strengths, challanges and opportunities while working in the	A review and reflection meeting among the project staffs was conducted at the district headquarter. A brief updates from the project implemented area were shared by the CF's. Challanges were identified and the common way to

Safe Abortion Action Fund



If the activity was no planned for this period, just state that. If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponent this affect your project budget? How could this affect your project goals? Sensitize and aware youths on SRHR, FP and abortion services. This activity was carried out as planned where 474 youths were reasons?	
SRHR, FP and abortion through the activity.	d or replaced? How и
	eached



Activity (number and name as per workplan): 5.4 Value Clarification and Attitude Transformation (VCAT) Training

If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How w this affect your project budget? How could this affect your project goals?
The activity was carried out according to the plan. The training was conducted at the district headquater by consultants. A total of 71 partcipants attended the training. Out of them, 38 persons were community volunteers and 33 participants represented the health Professional and local government and political leaders.



How well we think we are progressing

 $\mathsf{Excellent} \ \textcircled{\odot} \ \textcircled{\odot} \ \textcircled{\odot}$

We were able to carry out more activities during this reporting period than the previous one, reach more people, provide MA/FP service to more number of females. However, because of the situation few activities did not go as planned and there are room for improvements.



KEY LESSONS LEARNED DURING THIS PERIOD

What (if anything) did not work well and could potentially be stopped or changed in the future? *Why didn't it work? Why should it be stopped or changed?*

What worked well and should be continued in the future?

- Door to door visits have been critical in creating demand in MA and FP service and in utilization as well due to the pandemic limitations.
- HFOMC's bi-monthly meeting has helped address the weakness identified in quality care checklists and take actions to improve the quality of service provided through health facilities. Action plans discussed in the meeting with individuals taking responsibility to overcome the weakness with specific actions to be taken identified during the discussion has positive outcomes like timely availability of medicines, equipment and human resource in health facilities where needed. Likewise, HFOMC's involvement not only has improved MA and FP services but has impacted overall health service of the respective health facility. Monthly action plan of each health facility is prepared based on What, Why, How, Who and When in regards to the services and needs of the community identified by themselves.

What could we start doing more or differently to move us closer to achieving our objectives?

• There was lack of coordination between health facilities and rural municipality authorities despite the elected official being the chairman of HFOMC. Majority of the elected official used to escape the meeting. With constant follow-up and coordination with them, we have been able to convince the elected representative to participate in the bi-monthly meeting. This will help solve key issues faced by health facilities like human resource and logistics to provide quality services.

Stories— if you have any quotes from clients or beneficiaries please include them here. If you have photos (and permission to use them) please replace the photos. (should you need more space you can add a slide with the layout 'Two content'



Dilli BK lives in a village from Kalikot, Nepal. She was married at the age of 16 and got pregnant at 17. She and her husband were not aware to family planning and contraceptives. She came to know that she was already 3 month-pregnant while her 1st child was only 9 month old. She could manage to get medicine from the health post and used unsafe medicine to do abortion the child. As a result, she suffered a lot physically, mentally and financially.

Later, against the will of my family, she started to attend the meeting of the mother's group in her village, organized by Action Works Nepal; and consult with community facilitator. Regular participation in the meeting helped her to know about safe abortion and maternity. Later, she was quite aware of safe abortion in need from locally available clinic and service centre. Now, she is aware of her health and caring children, these days. She often shares her experiences to fellow community women.



Support we need from SAAF

- If you need any particular support from SAAF to implement your project please include it here
 - SAAF can't promise we will be able to provide all support requests
 - However we would like to know what you need and then can see what help we can provide



What we think of SAAF

- Please add here any comments you have on SAAF
- such as:
 - Complaints
 - Compliments
 - What you think of the reporting templates



List of Acronyms

ANM	Axillary Nurse Midwife
AWON	Action Works Nepal
CBAO	Capacity Building & Advocacy Officer
CF	Community Facilitator
FCHV	Female Community Health Volunteers
GBV	Gender Based Violence
HF	Health Facility
HFOMC	Health Facility Organization & Management Committee
MA	Medical Abortion
МОН	Ministry of Health
RM	Rural Municipality
SBA	Skill Birth Attendance
VDC	Village Development Committee



Report Period 1st July-31st Dec 2020





Our biggest achievements during this period

The continuation of bimonthly meeting of HFOMC was one of the biggest achievement of the project during this period. The meeting not only discussed on the issues of providing FP and Safe Abortion services to the people but also held important discussions and decisions on mobilizing resources, continuing essential health services and kept motivating health workers during the crises. There were altogether 531 participants in bimonthly HFOMC in this reporting period.







Our biggest achievements during this period

 2500 Health Mothers Group members participated in the bi-monthly meeting and discussed on Family Planning and Safe Abortion.

 203 male group members participated on bi-monthly meeting.







Our biggest achievements during this period

- 1404 females of reproductive age group reached and counselled through door to door visits.
- 124 women provided with medical abortion services.
- 71.77% of women choosing medical abortion provided with post abortion contraception.
- Out of total service users, 71.5% provided with short term contraception and 28.5% choose long term contraception.
- 95.1% of total contraception users were women with age more than 20 years and 4.9% were of age less than 20 years.



PROGRESS AGAINST PLANNED ACTIVITIES

Objective 1: Increase the skills and capacity of 15 health workers in public health posts of 6 Rural Municipality and 1 Municipality of Kalikot district provide quality safe abortion and family planning services



1.1 Support 15 ANMs in government facilitate to receive safe abortion training and certification

What did you expect to happen? If the activity was no planned for this period, just state that.	What actually happened? If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?
We planned to conduct MA training to 6 Health Workers form the health facilities where they were remained to	The training was planned for November-December 2020 but because of health workers not released from health facility due to Covid-19, the training has to be postponed. The training is currently being conducted that started on 3 January 2021 and will not effect the project budget and project goals.
be trained.	The postponed date of training will not hamper the budget. However, for this reporting period we have spent some budget of the training activity under the heading <i>Training Centre Cost</i> .

1.2 Support training on provision of contraceptives for 15 ANM's/ applicable health workers of local sub/health post

What did you expect to happen?

If the activity was no planned for this period, just state that.

What actually happened?

If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?

We planned to conduct Implant training to 4 Health Workers form the health facilities where they were remained to be trained. The training was planned for November-December 2020 but because 2020 but because of health workers not released from health facility due to Covid-19, the training has to be postponed. The training is currently being conducted that started on 4 January 2021 and will not effect the project budget and project goals.



1.3 Equipment and basic logistic support (furniture and curtain) to local health posts to deliver the services

What did you expect to happen? If the activity was no planned for this period, just state that.	What actually happened? If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?
We planned to support health facilities with protective equipments like masks, gloves and hand sanitizers so that they will be able to deliver services during the pandemic.	The activity was carried out as planned. All health facilities we support were provided with those logistics so they were able to continue providing services.



PROGRESS AGAINST PLANNED ACTIVITIES

Objective 2: Improve knowledge of accessible safe abortion and family planning care for women and girls in 6 Rural Municipality and 1 Municipality of Kalikot district to increase access to safe abortion services



2.5 Bi-monthly meetings of women's health groups and health management committees to discuss theissues of awareness raising and quality services delivery on safe abortion and contraceptive services

What did you expect to happen?

If the activity was no planned for this period, just state that.

What actually happened?

If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?

We planned to conduct bimonthly meeting of HFOMC starting form July 2020 and similarly the meeting of mothers group from October 2020 to discuss on issues of service utilization, service deliver in regards to Family Planning and Safe Abortion services. Two bi-monthly meeting of HFOMC's were conducted in each quarter of this reporting period, making up the total of 4 meetings while a single mothers group meeting was conducted in the later quarter of this reporting period. The activity was conduced as planned.





66

Please add slides as needed!

What did you expect to happen?

If the activity was no planned for this period, just state that.

The activity was planned so that Women of Reproductive Age Groups could be reach at their home and counselled on Family Planning and Safe Abortion. The activity is intended to generate FP and MA service demand and increase service utilization through health facilities.

What actually happened?

If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?

The activity was carried out as planned. With other activities like group meetings postponed, Community Facilitators working at their respective areas focused more on individual counselling in both the quarter of this reporting period. This particular activity helped in increase of service utilization.



PROGRESS AGAINST PLANNED ACTIVITIES

Objective 3: Reduce Abortion stigma by educating adolescent girls/boys and sharing knowledge on SRHR to women/men using media and campaigning in 6 Rural Municipality and 1 Municipality of Kalikot district



3.3 Production and broadcast of radio program on abortion and Radio Public Service Announcement PSAs from local radio FMs

What did you expect to happen?	What actually happened?
If the activity was no planned for this period, just state that.	If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How we this affect your project budget? How could this affect your project goals?
We expected to produce and broadcast radio programs and PSAs to educate the community on Family Planning and Abortion.	



3.4 Campaigning activities for awareness on SRHR focusing to the abortion rights

What did you expect to happen?

If the activity was no planned for this period, just state that.

The activity was planned so that different health related day celebration would integrate the message and campaigning to aware public on SRHR and abortion rights. This activity was not planned in this reporting period.

What actually happened?

If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?

This activity was not planned in this reporting period. However, a single event was organized during Female Community Health Volunteers Day at one VDC. This was carried out on the request of the health facility so that those volunteers could be mobilized for awaring public on SRHR, Safe abortion and COVID-19 as well.

3.6 Publication and distribution of awareness materials (i.e. leaflets/pamphlets...etc.) to inform the community about legal abortion & FP rights

If the activity was no planned for this period, just state that. If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? Ho this affect your project budget? How could this affect your project goals?
We expected to publish and distribute awareness materials related to abortion and FP rights in the project areas. This activity was carried out as planned. The materials were not only distributed in the project areas but throughout the district.



PROGRESS AGAINST PLANNED ACTIVITIES

Activities related to multiple objectives



Activity (number and name as per workplan):

4.3 Monitoring by project management staff and district staff (Capacity Building, Monitoring and Advocacy Officer & Finance/Program Associate)

What did you expect to happen?

If the activity was no planned for this period, just state that.

We expected to continuously the Comminuty monitor Facilitators, provide supportive supervison to their work and to those Health Facilities the project support to ensure the project activities are carried out as planned, the health facilities providing the services met quality standard for service.

What actually happened?

If things did not go as planned, what were the reasons? What will be the effects? For example, will the activity be postponed or replaced? How will this affect your project budget? How could this affect your project goals?

This activity was carried out as planned. The Finance/Program Associate mostly carried out those activities since the project management staffs were unable to travel to the district during this reporting period. Further planning has been done so that project management team will be able to travel for monitoring visit to district and health facilities by this month.

How well we think we are progressing

Progressing as planned ©

On the basis of last reporting of June 2020, we are progressing as planned. The training activity planned has to be postponed from December 2020 to January 2021.

We expect to have three cheerful smileys on the next reporting period.



KEY LESSONS LEARNED DURING THIS PERIOD

What (if anything) did not work well and could potentially be stopped or changed in the future? Why didn't it work? Why should it be stopped or changed?

What worked well and should be continued in the future?

- Door to door visits have been critical in creating demand in MA and FP service and in utilization as well.
- HFOMC's bi-monthly meeting has helped address the weakness identified in quality care checklists and take actions to improve the quality of service provided through health facilities. Action plans discussed in the meeting with individuals taking responsibility to overcome the weakness with specific actions to be taken identified during the discussion has positive outcomes like timely availability of medicines, equipment and human resource in health facilities where needed. Likewise, HFOMC's involvement not only has improved MA and FP services but has impacted overall health service of the respective health facility. Monthly action plan of each health facility is prepared based on What, Why, How, Who and When in regards to the services and needs of the community identified by themselves.

What could we start doing more or differently to move us closer to achieving our objectives?

• There was lack of coordination between health facilities and rural municipality authorities despite the elected official being the chairman of HFOMC. Majority of the elected official used to escape the meeting. With constant follow-up and coordination with them, we have been able to convince the elected representative to participate in the bi-monthly meeting. This will help solve key issues faced by health facilities like human resource and logistics to provide quality services.



75

September 28th: Safe Abortion Day

On the occasion of 6th National Safe Abortion Day 2020, District Health Office, Kalikot and Action Works Nepal jointly held a vigil on the evening of 25 September 2020 at District Health Office in memory of women and girls who lost their lives due to unsafe abortion. Similarly, on 26 September 2020, National Safe Abortion Day was observed among health workers directly involved in providing Safe Abortion service in the district throughout Nepal. Despite the planning, we had to change the day celebration at community level because of the pandemic.

Prior to the day celebration, Family Welfare Division, Department of Health Services held a virtual meeting with all partner organizations regarding Safe Abortion Day and finalized activities accordingly.







Support we need from SAAF

- If you need any particular support from SAAF to implement your project please include it here
 - SAAF can't promise we will be able to provide all support requests
 - However we would like to know what you need and then can see what help we can provide



What we think of SAAF

• Thank you for the continuous support and guidance during the pandemic.



Interim Report 1 January – 30 June 2020





List of Acronyms

ANM	Axillary Nurse Midwife
AWON	Action Works Nepal
CBAO	Capacity Building & Advocacy Officer
CF	Community Facilitator
FCHV	Female Community Health Volunteers
GBV	Gender Based Violence
HF	Health Facility
HFOMC	Health Facility Organization & Management Committee
MA	Medical Abortion
МОН	Ministry of Health
RM	Rural Municipality
SBA	Skill Birth Attendance
VDC	Village Development Committee



Our biggest achievements during this period

- Safe Abortion certification of remaining 8 health facilities completed and remained to be dispatched to the respective health facilities.
- 42 females provided with family planning service through mobile camps.
- Capacitated 25 school teachers on comprehensive SRHR
- 47 Youths reached through youth dialogue and interaction program on SRHR
- Provided adolescent boys/girls focused SRHR education to 1522 school students studying at grade 8-12 on comprehensive sexual education.
- 40 male group members trained on SRHR, abortion and FP
- HFOMC and Mothers Groups Meeting regularized
- 1331 females of reproductive age group reached and counselled through door to door visits.
- Awareness raising on SRHR, Abortion Rights conducted by organizing rallies.



Project Objective 1 Activity 1.1: Support 15 ANM's in government facilities to receive safe abortion training and certification.

• The process to list the remaining 9 health facilities as Safe Abortion Sites was started, the documents were submitted to Family Welfare Division (FWD). The certificates have been already released by FWD but because of the lockdown we have not been able to receive and send them back to the project district, and to the respective health facilities. 6 ANM's will receive the certification after the completion of the training. Remaining 1 batch Medical Abortion training for 6 ANM's was planned with the coordination with the Family Welfare Division and Regional Health Training Centre for this reporting period but because of the unprecedented situation due to the pandemic, the health workers could not be moved from their working site and the activity has to be postponed. Currently, out of 15 health facilities, 8 are providing FP and Safe Abortion Services.

Activity 1.2: Support training on provision of contraception for 15 ANMs/health workers of local health posts.

• The planning to support in providing Implant training to the 4 health workers was postponed because of the governments ruling of not to move the health workers from their respective working site due to the pandemic.



Activity 1.3: Equipment and basic logistics support (furniture and curtain) to local health posts to deliver services.

• Analgesic drugs were procured and distributed to all the health facilities which has started providing the safe abortion services. We had previously provided them with medical abortion drugs and analgesics only for 10 cases. With the growing medical abortion service users, the facilities had requested for the supply.



Achievements against planned activities Project Objective 2

Activity 2.4 Organize mobile camps for reproductive health services in selected 6 villages

- Out of 6 selected villages, the mobile camp was conducted in 3 villages. Total 42 females were provided with family planning services through the mobile camp. The remaining 12 mobile camps will be planned according to the situation of the district.
- The camp was organized in close coordination with District Health Office and the local health workers from the same villages were used.
 Basically, long term FP planning service (Implant) was the choice of method from the service users
- Mobile camps for RH services was effective in reaching the hard to reach people and address the unmet needs of family planning of community people.



Health worker proving Implant service to service user.

Note: The picture is taken with the consent from both health worker and service provider.



Project Objective 2

Activity 2.5: Bi-monthly meetings of women's health groups and health management committees to discuss the issues of awareness raising and quality service delivery on safe abortion and contraceptive services.

- Out of 378 bimonthly Mothers Groups Meetings, 126 were conducted in February, 2020. The meeting planned on the later months were cancelled because of the restrictions imposed due to the Covid-19 situation in the district.
- All the mothers groups were reached during the period where 3212 mothers group members participated in the meeting. Printed leaflets were distributed related to medical abortion, family planning and SRHR.
- One time bimonthly meeting of 14 HFOMC was conducted in all health facilities out of 45 planned meetings. 53 male and 38 female HFOMC members participated in the meeting.





Project Objective 2

Activity 2.5: Bi-monthly meetings of women's health groups and health management committees to discuss the issues of awareness raising and quality service delivery on safe abortion and contraceptive services.

- 1 health facility did not managed to conduct the meeting because of absenteeism of the health in-charge and committee president.
- Male group meeting was also conducted on February, 2020 in each male group formed with total of 280 participants.





Project Objective 2

Activity 2.6 Door to door visit

- On this reporting period, out of planned 1260 home visits, 1331 home visits were conducted. 1352 females were reached and counseled on safe abortion, family planning and were motivated to use the services from the local health facility.
- CF's were focused more on door to door visits during the first three months of the reporting period. As the strict lockdown was imposed and other activities where gatherings were restricted, CF's focused more on home visits.



Project Objective 3

Activity 3.2: Provide SRHR education (focusing to comprehensive sexuality education) to school students (grade 8 to 12) targeting to adolescents girls/boys

- During this reporting period, 11 schools were reached where students of grade 8 to 12 were reached with comprehensive SRHR education.
- All together 1522 students (671 boys and 851 girls) were provided SRHR education.
- The SRHR education session includes the lecture and discussion on sexual & reproductive health, sexual & reproductive rights, need of discussion on these topics among adolescents, violence & legal status, adolescence, adolescent friendly services, menstruation & management, marriage, pregnancy and safe abortion, legal provision & places for safe abortion services.





Project Objective 3

Activity 3.3: Production and broadcast of radio program on abortion and Radio Public Service Announcement PSAs from local radio FMs

• Out of 16 planned radio programs, 11 were produced and broadcasted through the local FM. With the movement restrictions imposed on the later months, it was not possible to produce and broadcast. However, radio jingles were continued to aired.



Project Objective 3

Activity 3.4: Campaigning activities for awareness on SRHR focusing to the abortion rights.

- Women's Day, 2020 celebrated in 5 locations with 452 participants and Zero Discrimination Day celebrated in 6 different locations with 120 participants.
- Members of Health Mothers Group, representatives from CBO's, local political leaders participated in the event.





Related to multiple objectives

Activity4.3:Monitoringbyprojectmanagementstaffanddistrictstaff(CapacityBuilding,MonitoringandAdvocacyOfficer)

- Capacity Building, Monitoring and Advocacy Officer monitored the project activities at community level that were focused on the onsite support to the community facilitators, observation of the field activities and support in event/activities implementation at the community.
 - The overall status of the project was also monitored by the project management staffs (Program Manager & Admin/Finance Officer) from the center office on February, 2020 to support in field activity implementation, project monitoring and field verifications.



Interaction with mothers group members during monitoring visit at Tilagufa Rural Municipality



91

Related to multiple objectives

Activity 5.3: Youth dialogue and interaction program for SRHR issues

- The activity was conducted at only one Rural Municipality (previously 3 VDC's) while the activities for rest of the VDC's were postponed.
- Active youth members from Youth Clubs, Child Clubs participated in the training and discussed various issues of youths focused on SRHR, Adolescent Health, contraception and legal abortion.
- 47 adolescents (21 boys and 26 girls) participated in the program at Tilagufa Rural Municipality.



Youth dialogue and interaction program at Tilagufa Rural Municipality



Achievements against planned activities Related to multiple objectives

Activity 5.4 Men's Group Training

- With the importance of male members in helping the females at their home and in community to exercise their rights on abortion and family planning and to mobilize the decision makers at homes, this activity was conducted in one rural municipality.
- SRHR, Family Planning, Safe Abortion and different services related to these topics available at their local health facilities along with their roles in ensuring female members at their home and community in receiving these services were discussed during the training.
- All together 40 men from different men's group participated in the program. They agreed to share the knowledge they gained during the training to their respective groups.





93

Related to multiple objectives

Activity 5.5 Capacity development of health teachers on sexual and reproductive rights

 In order to capacitate teachers on comprehensive SRHR, one batch of training was conducted in district headquarter. 25 health teachers from different schools participated in the training program.



Teachers training program at Manma, Kalikot facilitated by Medical Officer from District Health Office



How well we think we are progressing

Please choose how you think your project is progressing Major problems 🟵 🏵



Challenges we have faced in this period

- COVID-19 pandemic and the strict lock down imposed by the government, field activities and movement of CF's and district team was hugely affected: Unexpected and during the partners meeting with Child Welfare Division on May, 2020 we requested Department of Health Services (DOHS) to enlist the partners and their staffs working on FP/RH as essential workers. DOHS facilitated the action with all provincial governments.
- Poor transportation and communication with CF's: Expected. We used the district level response teams that were frequently travelling to and from the district to our project areas to support the Covid-19 response. CF's working at the areas where mobile network worked were communicated frequently through mobile phones.



Stories

"In the last three months, as the lock down started and the male members of the households returned back from India, I was happy to see married women going to Health Post for family planning services and Medical Abortion services. The regular meeting of Health Mothers Group is showing its effect in the community."

> Dharma Acharya Female Community Health Volunteer Shubhakalika-6

"My name is Supari B.K. I live in Palata Rural Municipality ward number 3. I am 28 years old. I have 2 sons and a daughter. My home is in geographically remote place with so many people under poverty line. People in my community lacks awareness and knowledge on health and many more social issues. After this project started, I along with many mothers in my community get chance to involve ourselves in Health Mothers Group. I regularly participate in the group meeting where we discuss about health, nutrition, family planning and safe abortion. I am now currently using a family planning service and I have talk to other mothers to do so as well. We are already poor and with more mouths to feed, we will not be able to provide basic needs to our children."



Key activities for next period

Objective 1

- Support 6 ANM's in government facilities to receive safe abortion training and certification.
- Support training on provision of contraception for 4 ANMs/health workers of local health posts.
- Equipment and basic logistics support to local health posts to deliver services.

Regarding the above mentioned activity we have planned to provide hand sanitizers and masks to all 15 health facilities so that they will be able to use those while providing services to the people.

Objective 2

- Bi-monthly meeting of HFOMCs to discuss the awareness raising and quality of service delivery on safe abortion and contraception. As mothers group meetings participants will be more than 20 in numbers and with the increasing number in Covid-19 cases, it has been postponed.
- Door to door visit for individual counselling and awareness to family members on safe abortion and contraceptive. This activity will be given priority and the target for each CF's will be increased for each month. Post-abortion will be focused on counselling during the visits.



Key activities for next period

Objective 3

- Production and broadcasting of radio programs to educate community on abortion and PSA through local radio FM's
- Publication and distribution of awareness materials (IEC) to inform community about legal abortion and contraceptive education.

Objective related to multiple indicators

• Monitoring of project activities by project management staffs.



Support we need from SAAF

- If you need any particular support from SAAF to implement your project please include it here
 - Approval for revised budget
 - Project monitoring and feedback
 - Any particular support that arises during the implementation will be communicated



What we think of SAAF

Compliments

We really very much appreciate prompt response on all the matters and support you have provided whenever we have needed.

What you think of the reporting templates

The reporting templates are very clear to understand and although we were not able to participate in the SAAF Reporting Webinar, the recording that was shared later helped a lot.





Interim Report 1 July – 31st December 2019





List of Acronyms

ANM	Axillary Nurse Midwife
AWON	Action Works Nepal
CBAO	Capacity Building & Advocacy Officer
CF	Community Facilitator
FCHV	Female Community Health Volunteers
GBV	Gender Based Violence
HF	Health Facility
HFOMC	Health Facility Organization & Management Committee
MA	Medical Abortion
МОН	Ministry of Health
RM	Rural Municipality
SBA	Skill Birth Attendance
VDC	Village Development Committee



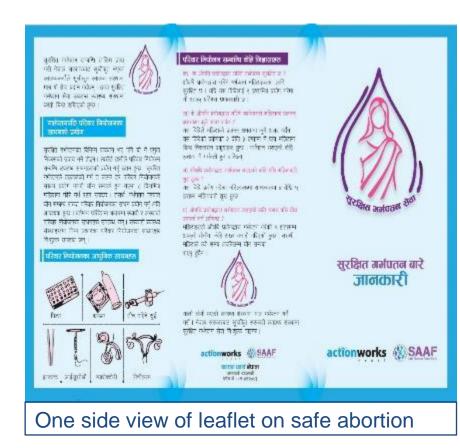
Our biggest achievements during this period

- Trained 6 ANMs on MA for provision of safe abortion services.
- Trained 12 ANMs/HWs on Implant for provision of contraception service.
- Regularized/functionalized health mother groups and health facility organization management committees bimonthly meetings at project areas.
- Provided adolescent boys/girls focused SRHR education to 4082 students from 26 schools studying at grade 8-12 on comprehensive sexual education.
- Awareness raising on SRHR focusing abortion rights at all project areas through rallies, days celebration, debate competition among school students etc.



Our biggest achievements during this period

- Publication and distribution of leaflets on abortion right, legal provision, contraception and sexual education.
- Review and reflection meeting among project staffs.
- Procurement of logistic and equipment for functionalization of MA services at all supported health facilities.
- Formation of men groups at each preexisting VDCs.
- District level interaction with media.





Project Objective 1 Activity 1.1: Support 20 ANMs in government facilities to receive safe abortion training & certification

- Six (6) ANMs from the six government health facilities in the project areas have received Medical Abortion (MA) training from the listed government training site, Seti hospital. The process for certification (Listing) of those trained ANMs along with listing of health facilities was also initiated.
- Since SBA training was required criterion for the MA training and considering reshuffling of staffs, only six SBA trained ANM could be trained for this time.
- Remaining 6 ANMs will be trained in the next reporting period if SBA trained ANMs are available at remaining sites.



Participants with trainers and AWON team during MA training at Seti Hospital, Dhangadhi.



Project Objective 1 Activity 1.2: Support training on provision of contraception for 15 ANMs/health workers of local health posts.

- 12 ANMs/Health Workers from the 12 supported health posts in the project areas have received eight days Implant training from the listed government training site, Bheri hospital in three batches. All three batches training went well and trainees have exposure to case management as well.
- As dates for only three batches were made available from government's National Health Training Centre (NHTC), one batch will be made available in next reporting period.



Participants at theory session during Implant training at Bheri Hospital, Nepalgunj.



Project Objective 1 Activity 1.3: Equipment and basic logistic support to local health posts to deliver services.

- As per approved list, equipment and basic logistics required for health posts to deliver MA and Implant services including other FP services are procured and distributed to supported 15 health posts in district.
- MA drug along with analgesic sufficient for 10 cases have been also purchased from Marie Stopes International Nepal for initiating MA services. The drugs will be supplied for this time only to start the service and health posts will manage drugs required in future through their regular source.



Project Objective 2

Activity 2.1: Training of community facilitators

- Reorientation of all seven the community facilitators on revised activities was done. All CF participated in the training and get updated on the revision made to the project activities as well as get refreshed on their regular role and responsibilities.
- Also six month's activities plan was prepared in team and the prepared plan was shared among all for reference timeline.

Activity 2.2: Establish/Reform women's health groups at local level made up members mother's groups, health management committees and Female Community Health Volunteers (FCHVs)

- As per request from the community, 9 more women's health groups were reformed at local level. Initially 135 groups reformation had been planned at project areas but pre-existing 9 groups were missed in those areas. So 9 new women health groups were reformed for this project, resulting a total of 144 groups.
- Similarly, 15 men health groups were formed to support women health groups and create awareness on SRHR at the communities.



Project Objective 2

Activity 2.5: Bi-monthly meetings of women's health groups and health management committees to discuss the issues of awareness raising and quality service delivery on safe abortion and contraceptive services.

- 420 bimonthly women's health groups meetings among 432 meetings targeted for this reporting period were conducted during the reporting period.
- The participation of the women in the meetings were increased compared to last reporting period.
- CFs also distributed printed leaflets related to abortion right and legal provision, family planning and SRHR.
- One time monthly meeting of all 15 male groups were also held during this period.



Women discussing about SRHR issues during health mother's group meeting



Project Objective 2

Activity 2.5: Bi-monthly meetings of women's health groups and health management committees to discuss the issues of awareness raising and quality service delivery on safe abortion and contraceptive services.

- Similarly 42 bimonthly health facility management committees meetings among planned 45 meetings have been completed during this reporting period.
- Three health facilities did not managed to conduct meetings due to absenteeism of Health In-charge on first two months period.
- Selection of ANMs/HWs for training, quality service provision and safe abortion & FP services were the issue of discussion besides other regular agendas.



HFOMC meeting at Mumra HF



Project Objective 2 Activity 2.6: Door to door visits.

- As part of the regular activity, Community Facilitators also made door to door visits to their assigned areas during this reporting period.
- 1273 women/girls were reached at the project areas and were oriented on SRHR, abortion laws and availability of services and FP services.



Project Objective 3

Activity 3.2: Provide SRHR education (focusing to comprehensive sexuality education) to school students (grade 8 to 12) targeting to adolescents girls/boys

- During the reporting period, 26 schools of grades 8 to 12 were covered for the SRHR education.
- 4082 adolescent boys/girls were reached through 111 sessions.
- The SRHR education session includes the lecture and discussion on sexual & reproductive health, sexual & reproductive rights, need of discussion on these topics among adolescents, violence & legal status, adolescence, adolescent friendly services, menstruation & management, marriage, pregnancy and safe abortion, legal provision & places for safe abortion services.



Project Objective 3

Activity 3.4: Campaigning activities for awareness on SRHR focusing to the abortion rights.

- Many community based awareness events were organized at all project areas such as day celebration, rallies, cultural programs and school activities on the occasion of special day.
- During these events published printed leaflets on abortion and contraception were also distributed.
- The events were enthusiastically participated by community people, women health groups members, CBO representatives, teachers, students, HFOMC members and local political leaders.



Project Objective 3

Activity 3.4: Campaigning activities for awareness on SRHR focusing to the abortion rights.

- Under this activity, we organized different awareness raising programs on the occasion of International Safe Abortion Day, FP Day and 16 days campaign against gender based violence at the project areas such as rallies, interactions, and debate/quiz competition at schools.
- 43 events were conducted at different places to increase awareness on abortion right and legal provision, family planning methods and awareness against GBV.



Rally headed by FCHVs on the occasion of international safe abortion day



Project Objective 3

Activity 3.5: Local to state level interaction program with media and key stakeholders .

- District level interaction program with media stakeholders was conducted to sensitized the media on SRHS issues, abortion right and contraception issues so that it becomes the headlines of news papers and local FM.
- The interaction meeting was at Manma, district headquarter of Kalikot where journalists from reputed newspapers and local FM station managers actively participated in the discussion.
- Many local FM, local newspapers and online news agencies covered about the safe abortion project activities being implemented at Kalikot.



Project Objective 3 Activity 3.6: Publication and distribution of awareness materials to inform the community about legal abortion & contraceptive education.

- We developed IEC material (leaflets) on legal abortion and contraception linking it with SRHR.
- Around 7500 copies were printed and distributed to community people during project awareness raising activities through CFs and FCHVs, health mother groups women during monthly meetings, and school students while running special session on SRHR.



Related to multiple objectives

Activity 4.3: Monitoring by project management staff and district staff (Capacity Building, Monitoring and Advocacy Officer)

- District staffs monitored the project activities that were focused on the onsite support to the community facilitators, observation of the field activities and support in event/activities implementation at the community.
- The field level activities of the project was also monitored by the project management staffs (executive manager & Admin/finance officer) from the center office during field visits, support in field activity implementation and monitoring of project through reported data and activities progress status.



Related to multiple objectives

Activity 4.6: Review and reflection meeting of the project team

- Mid-term project review and reflection meeting was conducted at Surkhet, province headquarter where all project team met and thoroughly discuss on the current status of the project.
- The team also prepared detail implementation plan for the next six months period, January-June 2020.
- The team also discussed about challenges faced by CF at field while implementing project activities. Geographical remoteness, salary, vacant post of staffs at HFs due to reshuffling of government staffs, no provision of fooding and accommodation during travelling to other VDCs are the common issues raised during the meeting.



Related to multiple objectives

Activity 5.3: Youth dialogue and interaction program for SRHR issues

- Realising the need of youth on SRHR issues, one day youth dialogue and interaction program was organized at each project VDCs.
- Active youth members from CBOs such as local clubs, users groups, anti child marriage groups were invited at the dialogue and interaction program to discuss their understanding on SRHR issues and impart proper information about adolescent health, reproductive rights, legal abortion and contraception etc.
- Around 439 youths (182 boys & 257 girls) had actively participated in the meeting and youths representing local clubs had agreed to disseminate SRHR issues learned at the interaction to other members of their club.





Youth dialogue & interaction program at Mehalmudi and Chilkhaya.



How well we think we are progressing

Please choose how you think your project is progressing

Progressing as planned \bigcirc

Some issues 😐

- Reshuffling of government staffs. It has delayed our activity on capacity building of health workers on safe abortion service.
- Requirement of SBA or IUCD trained ANM for MA training & certification.
- Quality assessment of HF for abortion service halted due to no service from HFs at project areas (training completed at 13 HFs & are under process of listing).



Challenges we have faced in this period

- Poor transportation with geographical remoteness: it was expected and for addressing we are increasing number of field visits.
- Poor infrastructure at health facilities: partially expected, we are advocating with local government for infrastructure support and quality services during formal & informal meetings.
- Issues in reshuffling of staffs: partially expected, coordinating for capacity building of staffs through technical assistance and training from external partners.
- Provision of fooding and accommodation for few CFs who covers more than one VDC: partially expected, we are planning to made readjustment on the budget heads for this issue.



Activity 1. Activities related to Objective one

- Support 6 ANMs and 9 government facilities to receive safe abortion training certification & safe abortion service site listing respectively.
- Support one batch of MA training to ANMs from health posts.
- Support Implant training on provision of contraceptives to 4 ANMs/applicable health workers at project supported local health posts.
- Refresher training to trained ANMs on MA through onsite monitoring and support by experts.



Activity 2. Activities related to Objective two

- Organized mobile camps for reproductive health services in selected 15 health posts/villages.
- Bi-monthly meeting of women's health groups and HFOMCs to discuss the awareness raising and quality of service delivery on safe abortion and contraception.
- Door to door visit for individual counselling and awareness to family members on safe abortion and contraceptive.



Activity 3. Activities related to Objective three

- Provide SRHR education to schools' students (grade 8-12) targeting adolescent girls/boys about comprehensive sexuality education.
- Publication and distribution of awareness materials (IEC) to inform community about legal abortion and contraceptive education.
- Production and broadcasting of radio program to educate community on abortion and PSA through local radio FMs.
- Campaigning activities for awareness on SRHR focusing to the abortion rights.
- Feature stories on family planning and safe abortion issues.



Activity 4. Activities related multiple indicators

- Monitoring of project activities by project management staffs..
- Monitoring of project by District Project Advisory Committee (DPAC).
- Annual review and reflection meeting among district project team.
- Youth dialogue and interaction program for SRHR issues.
- VCAT training to district stakeholders for conducive environment to safe abortion service and SRHR issue open discussion.
- Capacity development of health teachers on sexual and reproductive right.
- Training to men groups members on SRHR, abortion and FP.



Interim Report 1 January – 30 June 2019



Participants from Kalikot at introduction session during Medical Abortion training at Seti Zonal Hospital (5-9 May, 2019)



List of Acronyms

- ANM Axillary Nurse Midwife
- AWON Action Works Nepal
- CBAO Capacity Building & Advocacy Officer
- CF Community Facilitator
- FCHV Female Community Health Volunteers
- GBV Gender Based Violence
- HF Health Facility
- HFOMC Health Facility Organization & Management Committee
- MA Medical Abortion
- MOH Ministry of Health
- RM Rural Municipality
- SBA Skill Birth Attendance
 - Village Development Committee



VDC

Our biggest achievements during this period

- <u>MA training to ANM</u>: Eight (8) ANMs received MA training and are under process of safe abortion service provider listing from government Family Welfare Division.
- **<u>GBV training</u>**: 191 people from project areas received trained on GBV.
- **<u>Reform/establish health mother groups:</u>** 136 health mother groups reformed/established on project areas.
- <u>Safe abortion & SRHR awareness:</u> Awareness campaigning activities completed at all project areas.
- <u>Bi-monthly meeting by health mothers' groups &</u> <u>HFOMCs:</u> Completion of first meetings and started meeting on regular basis formally.



Project Objective 1

Activity 1.1: Support 15 ANMs in government facilities to receive safe abortion training & certification

- Eight (8) ANMs from the eight government health facilities in the project areas have received Medical Abortion (MA) training from the listed government training site. The certification (Listing) of those trained ANMs is under process as the documents for the certification have already been sent to the Family Welfare Division of Department of Health Services, MOH, Nepal.
- Since SBA training was required criterion for the MA training and considering reshuffling of staffs, only eight SBA trained ANM could be trained for this time.
- *Remaining 7 ANMs will be trained in the next reporting period.*



Activity 1.2: 2 days training on GBV, abortion knowledge and skills of counselling services to FCHVs, health workers, selected members of health management committees.

- Two days trainings on GBV, abortion knowledge, and skills of counselling services were conducted at different 15 health facilities of the project areas and 191 participants (FCHVs, health workers & HFOMC members) were trained.
- Among total participants 37 were male and 154 were female participants.



Participants at photo session after training at Chilkhaya Health Post



Project Objective 2

Activity 2.1: Establish/Reform women's health groups at local level made up members mother's groups, health management committees and Female Community Health Volunteers (FCHVs)

- From the working project areas, 136 women's health groups were established/reformed for the SAAF project community mobilization.
- Similarly 15 health facility organization management committees (HFOMCs) were also reformed for the SAAF project.
- With the reform or establishment of the health mother groups and HFOMCs, the groups and committees will meet regularly bi-monthly and discuss on the issue of SRHR, abortion care, FP and quality of abortion & FP services from the health facility.



Project Objective 2

Activity 2.2: Bi-monthly meetings of women's health groups and health management committees to discuss the issues of awareness raising and quality service delivery on safe abortion and contraceptive services.

 Including meeting at the health mother groups formation, two bi-monthly meetings was conducted by each mother groups on March/April and June. All together 254 meetings were conducted to discuss the issues of awareness on safe abortion, contraception services and SRHR.



Women participants of health mother group at Sukatiya



Project Objective 2

Activity 2.2: Bi-monthly meetings of women's health groups and health management committees to discuss the issues of awareness raising and quality service delivery on safe abortion and contraceptive services.

• Similarly, two bimonthly meetings were also conducted at each HFOMC in 15 project health facilities. Five facilities could not conducted the second time meetings due to formation process delay.



Fig. Discussion among HFOMC members during bi-monthly meeting at Chhapre Health Post.



Project Objective 3

Activity 3.1: Provide SRHR education (focusing to comprehensive sexuality education) to school students (grade 8 to 12) targeting to adolescents girls/boys

- During the reporting period, 20 schools were covered for the SRHR education to the students of grade 8 to 12.
- 1637 adolescent boys/girls were reached through 42 sessions.
- The SRHR education session includes the lecture and discussion on sexual & reproductive health, sexual & reproductive rights, need of discussion on these topics among adolescents, violence & legal status, adolescence, adolescent friendly services, menstruation & management, marriage, pregnancy and safe abortion, legal status & places for safe abortion services.





Students at school education session at Mangalasen High School Lalu.



Related to multiple objectives

Activity 4.1: Monitoring by project management staff and district staff (Capacity Building, Monitoring and Advocacy Officer)

- Regular monitoring of the project activities at the field by the district staffs have been conducted from time to time.
- The monitoring visit was focused on the onsite support to the community facilitators, observation of the field activities and support in event/activities implementation at the community.
- The field level activities of the project was also monitored by the project management staffs (executive manager & Admin/finance officer) from the center office through field visit and observation of data and activities progress status.



Related to multiple objectives

Activity 4.2: Review and reflection meeting of project team

- Two days review and reflection meeting of the project team was conducted at district headquarter where review of the progress of the project, community activities, future plan, learning etc. were discussed. Also some technical matters for the CF were also discussed for updates.
- Recording and reporting issues, problem faced by CF and local support issues were also discussed. Data compiled for the field activities.
- CF requested for increment of mother group meeting cost to cover all mothers as per the complaint from ward chairperson & HP staff, management of bag for the CF and per diem issues.





Participants (Project team & CF) at review & reflection meeting at Manma, Kalikot



Activity 4.3: Community awareness campaigns

• Day celebration:

World Menstruation Hygiene Day on 28th May celebrated at all 15 project areas through rallies. Also celebrated international employee day targeting working women.

Community people, social workers, students, FCHVs and other stakeholders were present at the rally that ended with remarks from key person.

School activities

As a part of awareness raising targeting adolescents and youth, we conducted speech competition program at 13 schools involving students from 21 high schools of project areas. The topics of the speech were abortion or relevant to SRHR.



National dignified menstruation day rally at Badalkot.





Celebrate 109 international employee women day in coordination with Khadachakra municipality



How well we think we are progressing

Please choose how you think your project is progressing Progressing as planned ^(C)

4: Some issues 🙂

- Reshuffling of government staffs under process. It has delayed our activity on capacity building of health workers on safe abortion service.
- Requirement of SBA or IUCD trained ANM for MA training & certification.
- Quality assessment of HF for abortion service halted due to no service from HFs at project areas.



Challenges we have faced in this period

- Please add any challenges that you have faced here,
 - Poor transportation with difficult geography: it was expected and for addressing we are increasing number of field visits.
 - Poor infrastructure at health facilities: partially expected, we are advocating with local government for infrastructure support and quality services during formal & informal meetings.
 - Irregular meeting of HFOMC: expected, we are facilitating for the regular bi-monthly meeting.
 - Vacant post of staffs: Expected due to remote areas, we are sensitising HFOMC during HFOMC meeting regarding staff issue. Hope reshuffling of staffs will support in fulfilling vacant posts.



Activity 1. Activities related to Objective one

- Support 6 ANMs in government facilities to receive safe abortion training and certification (listing).
- Support 8 ANMs who had received safe abortion training for certification (health worker listing).
- Support training on provision of contraceptives for 15 ANMs/applicable health workers of local health posts.
- Support equipment and basic logistics to local health post to deliver the services.



Activity 2. Activities related to Objective two

- Organized mobile camps for reproductive health services in selected 6 villages.
- Bi-monthly meeting of women's health groups and HFOMCs to discuss the awareness raising and quality of service delivery on safe abortion and contraception.
- Door to door visit for individual counselling and awareness to family members on safe abortion and contraceptive.



Activity 3. Activities related to Objective three

- Provide SRHR education to schools' students (grade 8-12) targeting adolescent girls/boys about comprehensive sexuality education.
- Publication and distribution of awareness materials (IEC) to inform community about legal abortion and contraceptive education.

Activity 3. Activities related multiple indicators

- Monitoring of project activities by project management staffs.
- Monitoring by district/rural municipality project advisory committees.



Support we need from SAAF

- If you need any particular support from SAAF to implement your project please include it here
 - Approval of revised budget
 - Distance support if needed
 - Monitoring of project and feedbacks



What we think of SAAF

- Please add here any comments you have on SAAF
- such as:
 - Complaints
 - No
 - Compliments

Thank you to the SAAF team for online support, quarterly updates and support provided when needed.



First Interim Report 1 July – 31 December 2018



Photo 1. Participants at community level project orientation at Chilkhaya Health post



List of Acronyms

- A&FA Admin & Finance Assistant
- ANM Axillary Nurse Midwife
- AWON Action Works Nepal
- CBAO Capacity Building & Advocacy Officer
- CF Community Facilitator
- FCHV Female Community Health Volunteers
- GBV Gender Based Violence
- HF Health Facility
- RM Rural Municipality
- SAAF Safe Abortion Action fund
- SWC Social Welfare Council
- VDC Village Development Committee



Our biggest achievements during this period

- <u>Staff Recruitment:</u> 9 staffs for the project recruited through competitive process (8 Female & One male; 7 field based CFs & two district based technical & financial staffs).
- **SWC Approval:** Project approval from SWC received.
- **<u>Staff Orientation</u>**: Orientation to 7 CFs.
- **<u>Project Orientation</u>**: District level project orientation and community level project orientation at 15 project areas (pre-existing VDCs) completed.
- **Baseline Survey:** Project baseline survey completed.
- **Office Set Up:** Field Office set up at district headquarter



Achievements against planned activities

Activity 1: Project approval application submission to Social Welfare Council

• All five rural municipalities and two municipalities offices were reached for local level project approval consent letters as per the requirement for the SWC. In SWC project approval format including documents required, project approval application was submitted. In around two months, the project approval from the SWC was received.

Activity 2: Community level activities, Project objective 2

Activity 2.1 Training of community facilitators

• Three-day project orientation training to Community Facilitators was conducted at district headquarter, Manma, Kalikot. The training was facilitated by Project Manager, District Capacity Building and Advocacy Officer and Admin and Finance Assistant.



Achievements against planned activities..

Activity 2.1 Training of community facilitators ..

- The first day training sessions included introduction of participants, three days training schedule, introduction of AWON, project introduction and details activities of project and roles and responsibilities of community facilitators.
- The second day included technical sessions on sexual and reproductive health and rights; safe abortion, legal status and availability of safe abortion services in Nepal; gender based violence; family planning methods and services availability at health facilities and introduction to health facility organization and management committee (HFOMC), women groups, mother groups and health mother group.
- On the third day, we discussed on role of CFs for the demand creation and utilization of safe abortion and FP services by needy women of reproductive age, role and responsibility of CFs for regularization of HFOMC and health mother group and support to health facilities.



Achievements against planned activities..

Activity 2.1 Training of community facilitators ..

- Also we had sessions on recording and reporting, documentation of cases studies and best practices and session on financial rules & regulations and requirements for financial settlements.
- Lectures, brain storming, group discussions, group works, role plays and case practices/exercise were methods used during the training sessions.



Photo 2. Training of CFs at Hotel Hill Side, Manma, Kalikot.



Activity 2.2 Community level Orientation

- Conducted at 15 locations for 15 preexisting VDCs
- Facilitated by Capacity Building and Advocacy Officer and co facilitated by Admin & Finance assistant
- Rural municipality/municipality chairperson, Ward Chairperson, health facility In-charge, FCHVs, mother's group leader, school teachers, social workers, local political leaders, traditional healers and influential community people participated the orientation meetings.
- Introduced AWON and project, shared project activities with budget, discussed on expected roles & responsibilities of community people and decision makers.



Photo 3. Community orientation at Jubitha of Tilagufa Municipality



Achievements against planned activities..

Activity 3: Related to multiple objectives

Activity 3.1 Staffs recruitment

Through competitive recruitment process district based Capacity Building and Advocacy Officer and Admin and Finance Assistant were recruited. Similarly, seven Community Facilitators were recruited from the project areas.

Activity 3.2 Field Office set up and equipment

Field office was set up at district headquarter for project implementation with required furniture & equipment.



Activity 3.3 Baseline Survey

- An expert as consultant for the baseline survey was selected through competitive process.
- Survey tools were finalized and approval from NHRC received.
- Three-days training for the seven enumerators was conducted at the district headquarter.
- The training was facilitated by consultant & co-facilitated by CBAO and A&F assistant.
- Data collected, analysed & report prepared.
- Nearly half (45%) women believed that a woman who had an abortion is committing a sin.



Photo 4. Training to survey enumerators



Achievements against planned activities..

Activity 3.4 Monitoring by project management staff and district staff

- CBAO and Admin and Finance Assistant from district made monitoring visits to project areas
- Project Manager also made monitoring visit to project district and get updates on project implementation as well as support for planning & implementation



How well we think we are progressing

Ahead of expectations \odot \odot



Challenges we have faced in this period

- New SWC approval guidelines require consent letter for project implementation from local authority. (Expected) Consent letters from all five rural municipalities and two municipalities brought and further process continued. It caused additional time than expected for approval
- Staff turnover (Unexpected): CBAO had resigned and new CBAO under recruitment process
- Traditional attitudes and mind-set of the local stakeholders (expected). Need to focus on continue coordination and awareness rising activities and campaigns



Activity 1. Activities related to Objective one

- Support 15 ANMs in government facilities to receive safe abortion training and certification
- 2 days training on GBV/abortions knowledge and skills of counselling service to FCHVs, health workers, selected members of health management Committee (HMC).

Activity 2. Activities related to Objective two

- Establish/Reform women's health groups at local level made up members mother's groups, health management committees and Female Community Health Volunteers (FCHVs)
- Bi-monthly meetings of women's health groups and health management committees to discuss the issues of awareness raising and quality service delivery on safe abortion and contraceptive services.



Activity 3. Activities related to Objective Three

- Meeting and agreement with schools for running special classes on SRHR focusing on abortion rights on comprehensive sexuality education abortion rights (for grade 8 to 10)
- Provide SRHR education to school students (grade 8 to 12) targeting to adolescents girls/boys about comprehensive sexuality education
- Campaigning activities for awareness on SRHR focusing to the abortion rights

Activity 4. Activity related to multiple objectives

- Monitoring by project management staff and district staff (Capacity Building, Monitoring and Advocacy Officer & Finance/Program Associate)
- Review and reflection meeting of project team



International Safe Abortion Day

28 SEPTEMBER HERMANDAL SAFE LEGAL AND SAFE

International safe abortion day celebrated through rally at Badalkot VDC, one of the project areas.

- Around 100 people (students, FCHVs, local women, HF staff and local representatives and AWON staffs) participated in the rally with play cards and banner.
- The rally started from Saraswoti school and visited nearby villages and finally return to same place.
- The rally ended with valuable speeches regarding safe abortion and SAAF project from CBAO of AWON, Ward chair person, vice chairperson of Pachaljharna RM and a social leader.





164

Support we need from SAAF

- Orientation on quality of care checklist
- No budget provision in-case any quality issues identified during quality of care assessment
- Capacity enhancement training if available



What we think of SAAF

- Complaint No complaint
- Complement

Thanks to the team for support

